

#### Asian Journal of Education and Social Studies

Volume 38, Issue 1, Page 9-24, 2023; Article no.AJESS.95164 ISSN: 2581-6268

### Student Reading Motivation: Attitudes, Engagement and Strategies

### Lovely O. Barotas a\* and Reita C. Palma a

<sup>a</sup> University of Mindanao - Professional School Matina, Davao City, Philipines.

#### Authors' contributions

This work was carried out in collaboration between both authors. Both authors read and approved the final manuscript.

#### Article Information

DOI: 10.9734/AJESS/2023/v38i1815

#### **Open Peer Review History:**

This journal follows the Advanced Open Peer Review policy. Identity of the Reviewers, Editor(s) and additional Reviewers, peer review comments, different versions of the manuscript, comments of the editors, etc are available here:

<a href="https://www.sdiarticle5.com/review-history/95164">https://www.sdiarticle5.com/review-history/95164</a>

Received: 22/12/2022 Accepted: 08/01/2023 Published: 12/01/2023

#### Original Research Article

#### **ABSTRACT**

Aims: To investigate the best fit model of student reading motivation.

Study Design: Descriptive-causal.

Place and Duration of Study: Department of Education (DepEd) Divisions of Cotabato, Koronadal, Kidapawan, Sultan Kudarat, and General Santos City during the school year 2022-2023.

**Methodology:** Data were gathered through survey questionnaires. The 400 grade 10 respondents were chosen through stratified random sampling. A structural equation model wa used in accessing the sequence of inter-dependencies between independent and dependent variables.

**Results:** The overall results showed a high level of student learning strategies, engagement, and reading motivation. It was also revealed that the variable of the attitude of students towards school showed a moderate level of reluctance and a low level of loneliness at school and belongingness of the participants. There is a significant relationship between the three variables: learning strategies, engagement, and attitude toward school in reading motivation. All variables have a significant correlation. Of the five models developed, model 5 had indices that were consistent and indicated the best fit to the data.

**Conclusion:** The study proves the Achievement Goal Theory. Students' motivation helps them develop a desire to learn and succeed. It goes that motivation is essential in reading. Likewise, high-level ability in learning strategy, engagement, attitude towards school, and reading motivation contribute to the motivation of students in reading.

\*Corresponding author: Email: dagitablab11@gmail.com;

Keywords: Teacher's perception; module innovation; self-efficacy; mathematics teachers; new normal; Dayao del Sur.

#### 1. INTRODUCTION

One of the key contributing factors to student success in school is by having the motivation to read. Through reading, one may acquire helpful information and increase knowledge. Reading requires motivation to read further [1]. While uninterested students in reading show difficulties. They have problems in comprehension, exhibit a sense of failure, and display indisposed behavior. In a study by Hasibuan [2], it becomes difficult to search for information needed for reading and not participate in reading activities because of the lack of interest or motivation caused by the difficulty in understanding the text.

Motivation is one of the essential elements for a student to effectively learn and to create a positive learning environment [3]. According to Mousavi, Ebrahimian, Nasiri, and Mousavi [4], it tremendously affects the student's ability to learn. Highly motivated students would enjoy reading in reading activities. Thus, Ahmed and Ganapathy [5] mentioned that reading motivation is critical for children's reading comprehension.

The influence and compatibility of the learning strategy and students' reading motivation at any level of education are essential. The absence of conversation utilized in communication, a student hardly ever engages in the discussion taking place in the four corners of the classroom. A study showed that metacognitive strategies positively affect children's reading comprehension. Thus, more attention should be given to using metacognitive strategies in activities that measure reading comprehension. Students may use such strategies themselves to make it more rewarding for themselves. The psychological factors of students, such as perception, motivation, belief, self-confidence, and others, should be considered in utilizing metacognitive strategies to address possible problems and ensure their effective use [6].

Meanwhile, it was mentioned that the participation of students is necessary to maintain reading motivation because it benefits the reading activities, abilities, and participation of the student [7,8]. Many studies prove that motivation is related to reading ability and improves cognitive skills [9]. Moreover, participation in reading activities, whether at home or school, has a significant favorable influence not only on reading skills, language

comprehension, and demonstration of language ability [10] as well as in the student interest in reading, reading habits and engagement in the classroom.

On the other hand, school behavior is considered a factor affecting student reading motivation. A school is a place where various educational activities are offered. Academic and nonacademic information was shared with students. In addition, school behavior affects not only academic performance but also the students' happiness and the people around them [11]. The perspective and behavior of students show several factors affecting school behavior. Factors such as behavior learned from parents, acceptance, socialization, companionship, liking teachers, friendships, and teaching methods can be related to student's behavior at school [12].

The above mentioned situations and to the researcher's knowledge, no local studies have been conducted to determine if there is a relationship between learning strategies, student engagement, school behavior, and reading motivation [13,14]. It grabbed the researcher's interest in researching to help raise student reading motivation along with its independent variables; hence it should be studied.

This study aimed to investigate the best fit model of student reading motivation. The objectives of this study are the following. First, determine the level of learning strategies. Second, determine the level of student engagement. determine the level of attitude towards school. Fourth, determine the level of students' reading motivation. Fifth, determine the significant strategy, relationship between learning participation, and school behavior in reading motivation. Sixth, to determine that there was no combined and single influence of learning strategies, student engagement, and attitude towards the school on reading motivation. Lastly, determine the best-fit reading motivation model.

The diagram shows the relationship between learning strategy, participation, academic behavior, and reading motivation.

#### 1.1 Theoretical Framework

This study is based on the following theories to facilitate the relationship between the independent and dependent variables. In

Achievement Goal Theory by Spinath and Steinmayr [15], a reason for a student to work hard is to participate and become an expert in a task. In mastery of a specific task, if a student is eager to cultivate his ability and diligently works his way to understand a subject using the teaching tool. A student who possesses this theory is characterized by determination and self-regulation. Motivated person believes their hard work will be the reason for their success. They recognize the requirements to cultivate new skills, boost self-confidence, develop existing skills, and participate in various activities.

Social Cognitive Theory asserts that reward is obtained when a difficult task is accomplished, which raises interest in a particular task [16]. For example, when a child successfully reads a passage without making mistakes and receives a reward, he is likelier to participate in the subsequent tasks. The extrinsic reward increases the student's self-efficacy confidence through his success, thus the reason increase in intrinsic motivation.

Theoretically, its implication in motivation is it fulfills basic psychological needs such as connection, competence, and independence. Praise-giving and positive feedback-giving while performing tasks increase capacity and strengthen intrinsic motivation.

Reading motivation is also anchored Covington's Self-Worth Theory [17] which can be student self-esteem associated with competence to perform a task. It is better known for valuing society and recognizing personal achievement. In general, an adept individual often thinks he is more meritorious than those below him. The researcher selected the above mentioned theories as the basis of this study. especially to elicit student motivation in reading through the Achievement Goal Theory. The theories of Social Cognitive Theory and Self-Worth Theory are also included in this study to attain and determine the relationship between variables such as reading engagement, and attitude towards school to possess reading motivation.

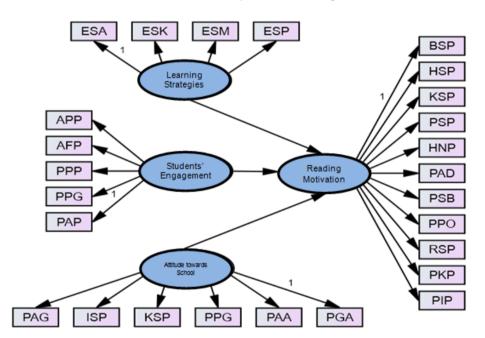


Fig. 1. The relationship between learning strategies, student engagement, attitude towards the school on reading motivation

Legend: ESP= Memory Strategies; ESM= Metacognitive Strategies; ESK= Cognitive Strategies; ESA= Social-Affective Strategies; APP= Affective Engagement: Liking for Learning; AFP= Affective Engagement: Liking For School; PPP= Behavioral Engagement: Effort and Persistence; PPG= Behavioral Engagement: Extra-curricular Activities; PAP= Cognitive Strategies; PAG= Teaching; ISP=2 School Image; KSP= Loneliness at School; PAA= Reluctance; PGA= Belongingness; BSP= Reading Efficacy; HSP= Reading Challenge; KSP= Reading Curiosity; PSP= Aesthetic Enjoyment of Reading; HNP= Importance of Reading; PAD= Compliance; PSB= Reading Recognition; PPO= Reading for Grades; RSP= Social Reasons For Reading; PKP= Reading Competition; PPG= Testing and Feedback-Giving Activities; PIP= Reading Work Avoidance

Reading is one of the most important means to connect with peers and make sense of the world. Especially as society continues to develop, daily activities include competence. reading Consequently, it is necessary to have a reading motivation to make reading comprehension more effective. This study is relevant worldwide because it will be the basis for conducting studies on reading motivation in the Filipino language or even in a foreign language. To the head of the department of education, public or private schools, and teachers, this research is of great help to develop a meaningful plan or program to cultivate students' abilities. particularly in reading motivation. This research is helpful for the students to get to know themselves better, especially in their reading motivation. To other researchers related to this type of study, it may be helpful to be the basis for their future studies.

#### 2. MATERIALS AND METHODS

#### 2.1 Research Design

In this study, a descriptive-causal design was used. When conducting research to determine the root causes of a particular issue, descriptive analysis is used to describe the current state of This descriptive study was the situation. analyzed utilizing quantitative data about the said problems. The quantitative aspect is appropriate data collection method for the target participants who answered the questions. The data collection process was based on the use of questionnaires. The focus of this study is to develop and use reading motivation models, theories, and hypotheses about the problem. Its nature is shown by using empirical data on the scale interval from the response of the participants. It also used a Structural Equation Model (SEM) as it will gather different types of quantitative data regarding learning strategies, student engagement, attitude towards school, and reading motivation as variables.

A structural equation model is a tool for accessing the sequence of inter-dependencies between independent and dependent variables in a measurable way. The structural equation model measures and describes the statistical aspect on different levels [18,19]. It is also a comprehensive statistical technique that tests the hypothesis of the relationship between measured and unobserved variables. It is also a methodology used to represent, estimate, and theoretical test relationships between variables. Its purpose is to analyze the correlation pattern

or covariance between variables and explain their variance as a possible identified model. This gives more meaningful and valid results, Collier added [20].

So, using the structural equation model in this study reinforces the integrity and rigor of this study because the assessment goes through the steps of defining the model, data collection, assessing the model, model evaluation, and possible modification of the model.

This study focuses on adapting data to match the models in students' learning strategies, engagement, attitude towards school, and reading motivation. Therefore, the causal design was used to describe the relationship between the manifest and latent variables of the study. The structural equation model is a combination of statistical strategies examining the relationship between related independent variables, jointly or separately, and one or more dependent variables examined jointly or separately.

The steps of the study began with developing a questionnaire derived from selected studies that were reviewed or an adapted survey questionnaire. The researcher translated the questionnaire into Filipino, and six validators validated it.

The researcher explained the study's objectives, the method of answering the questionnaire using the google form so that the participants would not be confused in expressing their answers, and the contact number and email address of the researcher were given in case there were questions while answering the survey. After the orientation, the researcher gave the informed consent form and assent form in the group chat, and the participant signed with an e-signature as consent for voluntary participation or on the printout that the researcher gave to the teacher and sent in the researcher's email address. The students were given ample time to understand the questions and answer them. If there is confusion in the terminology and context of the statement in the questionnaire, the researcher will guide the students in answering.

Finally, the researcher collected the data. After the data were recorded or tallied, it was submitted to the research statistician. The researcher then interpreted and discussed the results.

For a more extensive and meaningful interpretation and analysis of the data, the

researcher used the following statistics: the mean was used to describe the level of learning strategies, engagement, attitude towards school. and the reading motivation of the students. To the difference of a frequency distribution, the Standard Deviation is used. Pearson Product Moment Correlation was used to determine the significance of the relationship between the students' learning strategies, engagement, attitude toward school, and reading motivation. Multiple Regression was used to determine the significant predictor in students' reading motivation. Moreover, the Structural Equation Model was used to determine the best and most appropriate model.

The Goodness of Fit Statistics of Alternative Models using Analysis Moment Structure (AMOS) met all of the following criteria. Chi-Square/Degree of Freedom (CMIN/DF) 0 < value < 2, P Value >.05, Normative Fit Index (NFI) >.95, Comparative Fit Index (CFI) >.95, Goodness of Fit Index (GFI) >.95, Tucker-Lewis Index >.95, and Root Mean Square Error of Approximation, (RMSEA) <.05. P-close >.50.

#### 2.2 Respondents

The data were gathered from 400 participants, which were selected through stratified random sampling. Frankel, Wallen, and Hyun [21] mentioned that stratified random sampling is a process in which some subgroups, or strata, are selected for the sample in the same proportion as the said population. Those who answered the questions were tenth graders enrolled in the school year 2022-2023 from various public schools in Region XII.

The participants were tenth-grade students from five large schools located in Region XII, and they are as follows: School A from the division of Cotabato, School B from the division of Koronadal, School C from the division of Kidapawan, School D from the division of Sultan Kudarat, and School E from the division of General Santos. Elementary, 7th through 9th grade, and senior high school students in private and public schools were excluded from this study.

#### 2.3 Research Instrument

In this study, the researcher used downloaded questionnaires from web sources. The questionnaires were modified only to include questions relevant to the study. The first draft was presented to the researcher's advisor for

recommendations and suggestions. To ensure the validity of the questionnaires, it was validated by six expert validators. Out of the total score of the validators, the four questionnaires have a mean score of 4.59 which means excellent.

After the validation, the efficiency of the questionnaires was tested using Cronbach Alpha to assess their accuracy. The pilot testing revealed that the three questionnaires on learning strategies, engagement, and reading motivation has a Cronbach Alpha of .958, .921, and .951, which means the best. However, the attitude towards school has a Cronbach Alpha of .869, which means excellent. Therefore, all the questionnaires are reliable and suitable for the study. The questionnaire is divided into four parts; the first part talks about the learning strategies taken from the Descriptive Statistics for All Items of the Questionnaire On Grammar Learning Strategies by Božinović & Sindik [22]. The second part is on engagement taken from The Student Engagement in Schools Questionnaire (SESQ) and the Teacher Engagement Report Form-New (TERF-N): Examining the Preliminary Evidence by Hart, Stewart & Jimerson [23]. The third part is on the attitude towards school taken from Seker's Developing a questionnaire on attitude towards school [24]. The fourth part is on reading motivation which was taken from the study by Wigfield, Guthrie & McGough [25] titled Questionnaire Measure of Children's Motivations for Reading.

The responses for each item indicator in each variable used the following scale, with corresponding expressions and interpretations: The highest is 4.20-5:00, which means that such variable is always observed among students. Followed by 3.40-3.19, which means the variable is often observed. 2.60-3.39 is moderate, which means the variable is observed once. 1.80-2.59 is low, meaning the variable is rarely observed. While 1.00-1.79 is the lowest, which means the variable is never observed.

The instrument is divided into four parts. The first part is adapted from the questionnaire entitled Descriptive Statistics for All Items of the Questionnaire On Grammar Learning Strategies by Božinović & Sindik [22]. Learning strategy with indicative memory strategies; metacognitive strategies; cognitive strategies; and social-affective strategies. The second part used the instrument titled The Student Engagement in Schools Questionnaire (SESQ) and the Teacher Engagement Report Form-New (TERF-N): Examining the Preliminary Evidence by Hart,

Stewart & Jimerson [23]. These indicators formed the student engagements: affective liking for learning, engagement: affective school, behavioral engagement: liking for engagement: effort and persistence, behavioral extra-curricular activities, engagement: cognitive engagement. The third part is about the student attitude toward school, which was taken from Seker's Developing a questionnaire on attitude towards school [24]. The study was categorized into six indicators: teaching, school image, loneliness at school, testing feedback-giving activities, reluctance. belongingness. The fourth part is on reading motivation, divided into eleven categories taken from the study by Wigfield, Guthrie, and McGough [25] titled A Questionnaire Measure of Children's Motivations for Reading. The indicators were reading efficacy; reading challenge; reading curiosity; aesthetic enjoyment of reading; the importance of reading; compliance; reading recognition; reading for grades; social reasons for reading; reading competition; and reading work avoidance.

#### 3. RESULTS AND DISCUSSION

#### 3.1 Learning Strategies

Table 1 shows the study's results on the level of students' learning strategies with a total mean score of 3.87 with a high description and a corresponding standard deviation of 0.69. This means that the participants often demonstrate the learning strategies.

This result means that the students mostly demonstrate memory, metacognitive, cognitive, and social-affective strategies. The participants learn differently—through what they see, hear, memorize, plot, and experience daily. Students' knowledge and skills are measured by how he uses these different learning strategies. It can be said that strategy plays a major role, especially in the student's language learning. These will serve as steps or instruments to better cultivate the learning process of the learners. Student often uses a word or phrase that means the same as their actions [26].

Although the study shows that the descriptive level is high in all its indicators, it is still important to appreciate and intensify it. Many memory strategies are considered tools to strengthen memory because the information is sometimes easily remembered and easily forgotten. The study of Najm and Kareem [27] also revealed

that any specific memory strategy is beneficial for students to memorize new grammatical items which they first received.

Metacognitive strategies are methods used to help students understand how they learn and; the processes used to think about their thinking. Students may use such a strategy to make it more rewarding. The psychological factors of students, such as perception, motivation, belief, self-confidence, and others, must be considered while implementing the metacognitive strategy to address possible problems and ensure its effective use [6].

Achievers use three cognitive strategies: repetition, resourcing, and note-taking. These strategies are used to learn to read and improve reading skills. The strategy most often used by students is repetition. This helps them to understand the text and motivates them to be more active in class [28].

Social strategy is a method used to make students actively participate in class activities. It is a communication method to share the knowledge they have. In other words, social strategies help students share their knowledge. aims The social strategy to develop sociolinguistics competence by increasing interaction with other language learners or speakers and their understanding [29].

#### 3.2 Engagement

Table 2 presents the results of the research on the level of engagement of students with a total mean score of 4.00 with a description of high and a standard deviation of 0.69. The indicator of interest in learning is at a very high level which means it is always observed, while the other four indicators: interest in learning, effort and persistence, extra-curricular activities, and social participation, are at a high level which means the students often demonstrate it.

The results of the study only show an indication that students often show that engagement of students in school activities is the key to effective learning. A child's learning becomes more useful, especially if his persistence in learning also increases. With the help of cognitive activities and various extra-curricular activities that students can participate in, they can be more actively engaged in their studies.

Table 1. Level of students' learning strategy

Indicators	SD	Mean	Descriptive Level
Memory strategies	0.71	3.93	High
Metacognitive strategies	0.75	3.85	High
Cognitive strategies	0.80	3.74	High
Social-affective strategies	0.77	3.96	High
Overall	0.69	3.87	High

Table 2. Level of students' engagement

Indicators	SD	Mean	Descriptive Level
Affective Engagement: Liking For Learning	0.67	4.01	High
Affective Engagement: Liking For School	0.92	4.33	Very High
Behavioral Engagement: Effort And Persistence	0.73	4.04	High
Behavioral Engagement: Extra-curricular Activities	1.02	3.61	High
Cognitive Engagement	0.83	4.00	High
Overall	0.69	4.00	High

Student engagement helps provide meaningful learning experiences to students. The study of Delfino [30] revealed that the three dimensions of student engagement (attitude, emotional and cognitive) positively correlate with the student's academic performance.

In the study, the descriptive level obtained by the indicator interest in learning is high because the student goes to school almost every day to learn. Delfino [30] added that almost all respondents wanted to be entertained in class, talked to, and advised by teachers. The participants preferred to have a lively and dynamic class discussion. More involved students succeed academically [31]. Student engagement is a complex construct commonly understood as the effort invested by students in their learning activities.

Students' engagement in various extra-curricular activities is a significant means of developing identity, as well as their sense of belongingness and competence. However, the distinct nature of each individual, such as participation, influences their extra-curricular Winstone [32]. It is also an essential ingredient in making students interested in doing something.

#### 3.3 Attitude towards SCHOOL

Table 3 shows the study's results on the attitude of students toward school, with a total mean score of 3.21 with a descriptive level of medium, and a standard deviation of 0.63. This means that the attitude towards school is sometimes observed among students.

Students rarely exhibit school behavior where any behavior they show at school is normal. Teaching, testing, and feedback-giving activities are essential to help respondents learn in school. Sometimes, a student can feel loneliness and reluctance caused by their experiences. According to Von Soest, Luhmann, and Gerstorf [33], loneliness strongly impacts people due to the natural need for social interaction.

Loneliness is a significant health issue related to mental and psychological aspects. It is also a major cause of stress, depression, anxiety, and suicide, which exist in terms of psychological and mental issues [34,35].

Table 3. Level of students' attitude towards school

Indicators	SD	Mean	Descriptive Level
Teaching	0.84	3.99	High
School image	0.72	3.87	High
Loneliness at school	1.20	2.56	Low
Testing and feedback-giving activities	0.83	3.94	High
Reluctance	1.00	2.72	Moderate
Belongingness	1.40	2.18	Low
Overall	0.63	3.21	Moderate

#### 3.4 Reading Motivation

Table 4 shows the results of the study on the reading motivation of students with a total mean score of 3.66 with a high descriptive level and a standard deviation of 0.67. It simply means that reading motivation is mostly observed in students.

The study showed that students often show motivation to read. Reading has been found to help students, especially in teaching and learning, but it is undoubtedly complicated develop understanding to without motivation. It appeared that the participants avoided reading due to a lack of interest. Thus, it is vital to determine what motivational activity supports students' reading comprehension, primarily since almost all participants are motivated to read because of competition.

Students may live in a competitive world. Some people firmly believe in competition. In the results of the study by Unal & Uyar [36], experimental group, whose reading practice performed the "I compete by reading" task, was more successful in understanding than the control group. It was also observed that there was a significant difference between the experimental and control groups' mean scores from the Reading Attitude Scale post-test. However, many students spend more time on unnecessary activities instead of reading books to gain knowledge, but they are attracted to focus on irrelevant things and this results in poor academic performance. Therefore, this will cause many students to drop out of high school while others are lonely due to their inability to cope with their studies [37].

# 3.5 Significant Relationship between Reading Motivation and Learning Strategies of Students

Table 5a shows the significant relationship between learning strategy and reading motivation of the students with a total r-value of .663 with a corresponding probability value of .000, which is more readable at the .05 level of significance which was already determined in this study. Therefore, the hypothesis is rejected and conforms to the alternative hypothesis that there is a significant relationship between learning strategy and students' reading motivation. It means that when the learning strategy is high, the students' reading motivation is also high.

There is a significant relationship learning strategy and students' reading motivation, with an indication that rejected the hypothesis and which conforms to the alternative hypothesis that there is a significant relationship between reading motivation. The overall result on the relationship between learning strategy indicators: memory strategy, metacognitive strategy, cognitive strategy, and social-affective strategy has a significant relationship with reading motivation and its indicators: reading efficacy, reading challenge, reading curiosity, aesthetic enjoyment in reading, the importance of compliance, reading recognition, reading. reading for grades, social reasons for reading. reading competition. and reading avoidance.

This relationship between the learning strategy and reading motivation implies that students cannot perform a task if they lack the motivation to read. It is also proven that the learning strategy significantly affects raising the level of reading motivation.

Table 4. Level of students' reading motivation

Indicators	SD	Mean	Descriptive Level
Reading efficacy	0.85	3.68	High
Reading challenge	0.84	3.75	High
Reading curiosity	0.83	3.98	High
Aesthetic enjoyment of reading	0.89	3.97	High
Importance of reading	0.97	4.09	High
Compliance	0.84	3.86	High
Reading recognition	0.89	3.71	High
Reading for grades	0.88	3.71	High
Social reasons for reading	0.98	3.26	Moderate
Reading competition	0.97	3.36	Moderate
Reading work avoidance	1.08	2.90	Moderate
Overall	0.67	3.66	High

Table 5a. Significant relationship between reading motivation and learning strategies of students

LearningReading Motivation												
Strateg	BSP	HSP	KUP	PAS	HNP	PSD	PSB	PSG	RAP	PKP	PIP	Overall
ESP	.478**	.557**	.655**	.564**	.621**	.611 <sup>**</sup>	.545**	.566**	.348**	.318**	.045	.641**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.365	.000
ESM	.443**	.533 <sup>**</sup>	.622 <sup>**</sup>	.513 <sup>**</sup>	.564**	.584**	.518 <sup>**</sup>	.557**	.433**	.310 <sup>**</sup>	.023	.617**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.652	.000
ESK	.480**	.514 <sup>**</sup>	.599**	.514 <sup>**</sup>	.495**	.569 <sup>**</sup>	.505**	.551**	.472**	.379**	.099	.628**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.049	.000
ESA	.384**	.467**	.589**	.502 <sup>**</sup>	.536**	.545**	.471**	.489**	.331**	.257**	007	.551**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.893	.000
Overall	.486**	.563 <sup>**</sup>	.671**	.569 <sup>**</sup>	.602**	.628**	.555**	.589**	.433	.345**	.044	.663**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.379	.000

Legend: ESP- memory strategies; BSP- reading efficacy; ESM- metacognitive strategies; HSP- reading challenge; ESK- cognitive strategies; KUP- reading curiosity; ESA- social-affective strategies; PAS- aesthetic enjoyment of reading; HNP- importance of reading; PSD- compliance; PSB- reading recognition; PSG- reading for grades; RAP- social reasons for reading; PKP- reading competation

In the study by Muhid, Eka, Halaliyah, Budhaina, and Nizarudin [6] showed that students rarely participate in a discussion due to the lack of conversation used in communication. attention should be given to using metacognitive strategies in activities related to increasing reading motivation. They further added that the metacognitive strategy positively affects reading comprehension. In reading, the cognitive strategy is related to the student's target language and global knowledge, in which they can develop their interpretation of the text and perform the given task. This strategy includes making inferences, translating, summarizing, integrating prior knowledge or experiences, and using grammatical rules [38].

# 3.6 Significant Relationship between Reading Motivation and Student Engagement

Table 5b shows the significant relationship between the student engagement and reading motivation of students with a total calculated r-value of .763 with a corresponding p-value of .000, which is more than .05 level of significance outlined in the study. Hence, the hypothesis is rejected and has conformed to the alternative hypothesis with a significant relationship between engagement and the students' reading motivation. This means that when students' engagement is high, students' reading motivation is also high.

In the overall results of the study, all indicators of engagement which shows liking for learning, liking for school, effort and persistence, extracurricular activities, and cognitive engagement have a significant relationship with the indicators reading motivation which are reading efficacy, reading challenge, reading curiosity, aesthetic enjoyment in reading, importance of reading, compliance, reading recognition, reading for grades, social reasons for reading, reading competition, and reading work avoidance.

Many studies prove that motivation is related to reading competence and improves cognitive ability [9]. Student engagement is empirical to maintain reading motivation as it helps in reading activities and competence [7,8].

## 3.7 Significant Relationship between Reading Motivation and Student Attitude towards School

It can be inferred from Table 5c the significant relationship between the attitude towards school and reading motivation with a total calculated r-value of. 607 with a corresponding p-value of .000, which is well below the .05 level of significance set in this study. Hence, the hypothesis is rejected and has conformed to the alternative hypothesis with a significant relationship between the attitude towards school and students' reading motivation. In other words, when the attitude towards school is high, the students' reading motivation is also high.

This result deviates from the research hypothesis. In the analysis, only the indicators of teaching, school image, testing, feedback-giving activities, and reluctance had a significant relationship with the indicators of reading

motivation: reading efficacy, reading curiosity, aesthetic enjoyment in reading, reading recognition, reading for grades, social reasons for reading, reading competition, and reading work avoidance.

Reading motivation is one of the key factors in cultivating students' academic performance. The abilities and behaviors of the students have social relevance as well as the individual value that will transform the child into a skilled reader: possess all intrinsic and extrinsic motivations.

Although the participants' reading motivation indicators were positively received, they also showed hesitation to read confidently in front of their classmates and teachers [39]. In addition, students' perspectives and behavior show many factors affecting their attitude toward school. Factors such as behavior learned from parents, acceptance, socialization, companionship, liking teachers, friendships, and teaching methods can be related to the attitude of students at school [12].

Table 5b. Significant relationship between reading motivation and student engagement

Students'	Reading motivation											
engagemen	t BSP	HSP	KUP	PAS	HNP	PSD	PSB	PSG	RAP	PKP	PIP	Overall
PAP	.437**	.475**	.594**	.540**	.571**	.594**	.458**	.479 <sup>**</sup>	.341**	.281**	.087	.588**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.082	.000
PGE	.389**	.419 <sup>**</sup>	.621**	.558**	.592**	.571 <sup>**</sup>	.433**	.418**	.267**	.184**	037	.530**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.462	.000
PPP	.533	.524**	.682**	.611 <sup>**</sup>	.649**	.659**	.533**	.530**	.374**	.358	.106 <sup>*</sup>	.673**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.035	.000
PSP	.429**	.443**	.451**	.394**	.330**	.461 <sup>**</sup>	.479**	.515	.577**	.415**	.196**	.575**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000
ANP	.509**	.602**	.738**	.648**	.631**	.689**	.543**	.555**	.469**	.363**	.080	.705**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.111	.000
Overall	.549 <sup>**</sup>	.589**	.734**	.654**	.654**	.708**	.588**	.601**	.499**	.388**	.106 <sup>*</sup>	.736**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.034	.000

Legend: PAP- affective engagement: liking for learning; BSP- reading efficacy; PGE- affective engagement: liking for school; HSP- reading challenge; PPP- behavioral engagement: effort and persistence; KUP- reading curiosity; PSP- behavioral engagement: extracurricular activities; PAS- aesthetic enjoyment of reading; ANP- cognitive engagement; HNP- importance of reading; PSD- compliance; PSB- reading recognition; PSG- reading for grades; RAP- social reasons for reading; PKP- reading competition

Table 5c. Significant relationship between reading motivation and student attitude towards school

Attitude					F	Reading	Motiva	ation				
towards	BSP	HSP	KUP	PAS	HNP	PSD	PSB	PSG	RAP	PKP	PIP	Overall
school												
PPA	.526 <sup>**</sup>	.541**	.633**	.564**	.553**	.602**	.553**	.572**	.480**	.356**	.116 <sup>*</sup>	.667**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.021	.000
PAT	.497**	.460**	.617**	.507**	.517 <sup>**</sup>	.570 **	.426**	.456**	.388	.302**	.125	.590**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.012	.000
KSP	.120 <sup>*</sup>	.019	074	026	134 <sup>**</sup>	002	.103 <sup>*</sup>	.101 <sup>*</sup>	.207**	.334**	.416**	.144**
	.017	.710	.139	.606	.007	.975	.039	.043	.000	.000	.000	.004
PPG	.453	.534**	.654**	.558 **	.557**	.617**	.468**	.546 <sup>**</sup>	.432	.304**	.071	.628**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.157	.000
ISP	.313**	.173**	.042	.097	018	.193 **	.248**	.289**	.429**	.525	.608**	.372**
	.000	.000	.398	.052	.720	.000	.000	.000	.000	.000	.000	.000
PAG	.185	.012	160 <sup>**</sup>	116 <sup>*</sup>	177 <sup>**</sup>	037	.090	.108 <sup>*</sup>	.305	.386**	.566**	.161**
	.000	.815_	.001	.021	.000	.456	.072	.030_	.000	.000	.000	.001
Overall	.505	.382**	.328**	.318 **	.228**	.416**	.441**	.486**	.574**	.601**	.580 **	.607**
	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000

Legend: PPA- teaching; BSP- reading efficacy; PAT- school image; HSP- reading challenge; KSP- loneliness at school; KUP- reading curiosity; PPG- testing and feedback-giving activities; PAS- aesthetic enjoyment of reading; ISP- reluctance; HNP- importance of reading; PAG- belongingness; PSD- compliance; PSB- reading recognition; PSG- reading for grades; RAP- social reasons for reading; PKP- reading competition

# 3.8 Significant Influence of Reading Motivation, Learning Strategies, Engagement, and Student Attitude towards School

Table 6 shows the significant influence of learning strategy, engagement, and attitude towards school towards reading motivation with an F-value of 267.849, R-value of .818, and p-value of .000, more than below the .05 level of significance set in this research.

The research revealed that the three exogenous as variables. such learning strategies. school behavior, engagement, and standardized and unstandardized coefficients of .239, .383, and .372 and have a constant value of .007. Through stepwise Regression, it appeared that not all indicators influence students' reading motivation. Because the research showed that the R2 of .670 represents a 67% influence on reading motivation, the remaining 33% can be related to other factors not involved in the study being conducted. One of the objectives of this study is to examine the Regression that determined the influence of learning strategies, engagement, attitude toward school, and students reading motivation. It only indicates that the three previously mentioned exogenous variables influence students' reading motivation.

The teacher and the school need to collaborate strongly to provide students with a way to participate in the university. Student engagement helps to provide meaningful learning experiences students. The study of Delfino [30] revealed that the three dimensions of student engagement (behavioral, emotional, cognitive) positively correlate with students' academic performance. In order to sustain effective change in students' behavior, the learning strategy must first be anchored in the learning context [40]. Students often hesitate to switch to effective strategies because they harbor much uncertainty. Therefore, the result of this research is a fresh conceptual discovery that learning strategy, engagement, and attitude toward school influence the students' reading motivation.

### 3.9 Best Fit Model for Student Reading Motivation

This part explores the relationships between learning strategies, engagement, and attitude toward school in students' reading motivation.

Five alternative models were developed to obtain the best-fit reading motivation model. Each model creates a structure that can be divided into two sub-models: the measurement model and the structure model. The measurement model indicates the measure of loads of each factor on their latent constructions, while the structural model describes the relationships between the latent variables. Moreover, the fit assessment was used as a baseline for accepting and rejecting the developed model. As a rule, the researcher established the causal relationship between the latent variable towards different latent variables.

Additionally, it creates a relationship between endogenous and exogenous variables. If a structural model shows a good fit, it means that the empirical relationships between the variables in the proposed models are similar.

There were five hypothesized models developed and tested in this study. The screening of variables was carefully followed to ensure the normality of the data in the developed models shown in this research. These conceptualized research models show that the direct effects are represented by arrows from a predictor variable on the right side to the left side, where the dependent variable does not pass through another variable.

Structural model 1 in the developed models shows the direct relationship of exogenous: learning strategy, engagement, and attitude towards school and its causal relationship with the endogenous variable on students' reading motivation. As a result of the study, it was found that there is a latent variable that needs to be removed in order to comply with the standard. It also shows that all the indices in model 1 did not reach an acceptable number. Since this is a weak and inappropriate model, an improved hypothesized model is suggested.

Structural model 2 shows an apparent causal relationship between the exogenous variables: learning strategy, engagement, and attitude towards school and the endogenous variable in students' reading motivation. It can be inferred that this model is weak because all the indices did not reach the acceptable number. Therefore, the development of an improved hypothesized model is recommended.

Table 6. Significant influence of reading motivation, learning strategies, engagement, and student attitude towards school

Reading motivation of the students									
Exogenous variables		В	β	Τ	Sig.				
Constant		.007		.055	.956				
Learning strategies		.239	.248	5.643	.000				
Students' engagement		.383	.396	8.592	.000				
Attitude towards school		.372	.353	10.997	.000				
R	.818								
$R^2$	.670								
$\Delta R$	.667								
F	267.849								
Р	.000								

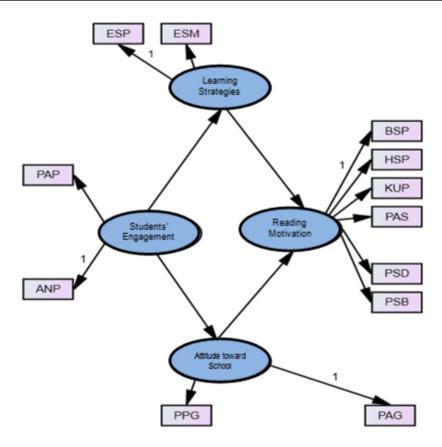


Fig. 2. Best fit model on reading motivation

Legend: ESP-memory strategies; PAG-teaching; KUP-reading curiosity; ESM-metacognitive strategies; PPG-testing and feedback-giving activities; PAS-aesthetic enjoyment of reading; ANP- affective engagement: liking for learning; BSP-reading efficacy; PSD-compliance; PAP-cognitive engagement; HSP-reading challenge; PSB-reading recognition; PSG-reading for grades

Structural Model 3 of the developed models shows the direct causal relationship of the exogenous variable: reading strategy, engagement, and attitude towards school and its causal relationship with the endogenous variable on the students' reading motivation. It can be inferred from Table 3 that the developed models

show a direct effect of the predictors on the independent variable reading motivation. However, all the indices did not reach the standard. Hence, the hypothesized model 3 is weak. As a consequence, the creation or development of an improved hypothesized model is suggested.

Structural Model 4 in Table 4 developed models' section shows the direct causal relationship of the exogenous variables: learning strategy. engagement, and attitude towards school and its causal relationship with the endogenous variable motivation in students' reading. The effect of the predictor of the independent variable in students' can concluded. reading motivation be Nevertheless, all the indices did not reach the set standard. It means that the hypothesized model 4 is weak, and a development of an improved hypothesized model is recommended.

In scrutinizing Model 5 as shown using the goodness of fit indices: Chi-Square divided by degrees of freedom CMIN/DF is 1.321; The Goodness of Fit Index (GFI) is .980; The Comparative Fit Index (CFI) is .997; The Normed Fit Index (NFI) was 987; The Tucker-Lewis Index (TLI) is .994; The Root Means Square of Error Approximation (RMSEA) is .028; and the P of Close Fit (Pclose) is .970. Based on these data. the result of the goodness of fit of model 5 is highly acceptable because all the indices met the set criteria against the obtained value of the fit of the model. All the indices met the requirements of the goodness of fit measures. Thus, this indicates that the generated model 5 is excellent and appropriate.

Based on the analysis of the relationship between learning strategy, engagement, and attitude towards school in reading motivation of students, which were comprised of alternative models. Each model has a framework that creates two sub-models-the measurement and structural models. The measurement model represents the measured loads of each factor in their latent constructs, while the structural model defines the relationship between the latent variables. Moreover, selecting appropriate model was used as a baseline to accept and reject the model based on the result.

The hypothesized model 5 was chosen as the best-fit model according to the rule of association, which showed the importance of two indicators from the four learning strategy variables and two of the five indicators in the engagement variable of the students. While in the attitude toward school, out of the six indicators, only two are related to students' reading motivation.

The developed model can be based on the Achievement Goal Theory of Spinath and Steinmayr. This theory is why a student works

hard to participate and become an expert in a task. In mastering a task, if a student is eager to cultivate his ability and diligently works his way to understand a subject using teaching tools [15]. Motivation theory helps students desire to learn, and students who are interested want to succeed (Gutherie, Wigfield, Metsala, and Cox, 231). Reading motivation correlated with how long a child reads. A student who reads more is likely to become a good reader, perform better on tests, and develop as a reader [41].

Thus, the study's outcome refuted and accepted the alternative hypothesis that all exogenous variables are significant in learning strategies, engagement, and attitude toward school.

#### 4. CONCLUSION

The overall results showed a high level of student learning strategies, engagement, and reading motivation. It connotes that it is usually observed only when they study and the level achieved is insufficient. Thus, intervention is needed to reach the highest level. As for the research learning strategy, it is suggested that language teachers, particularly in Filipino, should provide exciting activities with specific objectives that will assess student learning. In student engagement, it is suggested that students participate in various school activities such as communication, group activities, and problemsolving activities in the academic and extracurricular fields. Teachers must also value the balanced provision of student academic and extra-curricular activities. The school shall organize seminars, School Learning Action Cells, workshops, and conferences for teachers on how to improve student engagement in school activities and offer different tips every week that will shape the child's abilities, such as Zumba, sports, and journalism. In terms of reading motivation, it is suggested that students maintain an interest in reading short stories, novels, poems, essays, and many others to expand reading comprehension and gain valuable lessons in life. The teachers will provide reading activities in the class that will arouse the interest of the students such as speech choir, poetry performance, declamation, interpretative reading, and so on. To the schools, support and provide adequate funds for reading activities such as conducting PHIL-IRI and summer reading camps. The Department of Education allocates funds to purchase reading materials that will be given individually to students so that even when they are at home, they can read whenever they want.

The study also revealed that the variable of the attitude of students towards school shows a moderate level of reluctance and a low level of loneliness at school and belongingness of the participants, which means that it is rarely observed in their studies, but the level of the indicator of loneliness is low. Their attitude towards school is only moderate, particularly in the indicator of reluctance and loneliness due to their life experiences. Hence, it is suggested that if someone has problems with themselves, they can ask for help or counsel from their parents, teachers, and friends. The teachers will stand as listeners and counselors when an opportunity arises that a student will approach and share his sentiments, and shall prepare specific activities which spark active participation in students' learning process, such as individual and group activities.

There is a significant relationship between the three variables: learning strategies, engagement, and attitude toward school in reading motivation. All variables have a significant correlation. So. the null hypothesis was unaccepted. It is suggested to pay attention to students' abilities, specifically in the variables mentioned above. because it helps increase reading motivation. Through stepwise Regression, it appeared that not all indicators influence the reading motivation of the learners. This means that factors that are not mentioned or involved in this study may influence reading motivation, and further extensive research is still needed. So, it is suggested that another study be conducted to discover other factors that influence student reading motivation that was not mentioned in this study.

Of the five models developed, model 5 has indices that were consistent and indicated the best fit to the data. The result of the goodness of fit of model 5 is highly acceptable because all the indices met the set criteria against the obtained model fit value. It was, therefore, identified as the best-fit model. It is suggested that the results of the study be communicated to the public schools in the region involved in the study to create interventions that better cultivate learning strategies, engagement, attitude towards school, and reading motivation, such as the development of a meaningful plan or program to cultivate the ability of students, especially in their current reading motivation.

Therefore, the study is anchored in Achievement Goal Theory by Spinath and Steinmayr. This motivation theory helps students develop a desire to learn, and students who are full of interest will succeed. It only proves that said theory has a strong relationship with achieving and maintaining reading motivation. This has been proven in the results of the study that a high-level ability in learning strategy, engagement, attitude towards school, and reading motivation contribute to the motivation of students in reading.

#### **CONSENT AND ETHICAL APPROVAL**

Before conducting the study, five validators from the University of Mindanao Ethics Review Committee (UMERC) examined the paper. Suggestions regarding ethical considerations were applied. The processing took more than a month to secure the certificate of permission to conduct the study was received. The researcher prepared a letter approved by the advisor and the Dean of the College of Graduate Studies of the University of Mindanao to request permission to conduct the study sent by electronic mail. Upon receiving a response, the researcher requested permission from the Regional Director of DepEd Region XII, to the principals and Filipino teachers and advisors regarding the process to be done in the study and to disseminate printed copies of the questionnaire. informed consent, and assent form. This study underwent a series of revisions based on the recommendations and suggestions made by the advisor and expert panels. The study also complied with the University of Mindanao Ethics Review Committee for guidance and ethical consideration by issuing a certification of UMERC-2022-287 approval as for the implementation of the study. After securing the consent, a virtual orientation of the participants was conducted with the help of the Filipino teachers and advisers.

#### **COMPETING INTERESTS**

Authors have declared that no competing interests exist.

#### **REFERENCES**

- Manuas MJ, Tatipang DP, Pratasik G. "Reading motivation of tenth grade students at sma advent unklab airmadidi". Journal of English Culture, Literature Education. Language, and 2022;10(1):226-38.
  - DOI: 10.53682/eclue.v10i1.4402
- 2. Hasibuan, Siti Fitri. "The implementation of trading place strategy To improve the

- students'ability in reading comprehension of report text at eight grade of mts s. Alhusna marindal medan academic year 2018/2019." Aicll: Annual international conference on language and literature. 2018;1(1).
- 3. Hussain Muhammad Sabboor, Abdus Salam, Aisha Farid. "Students motivation in English Language Learning (ELL): An exploratory study of motivation-al factors for EFL and ESL adult learners." International Journal of Applied Linguistics and English Literature. 2020; 9(4):15-28.
- Mousavi-Davoudi, Seyed Mehdi, et al.
   "The tendency of authorities towards aristocratic life and its role in the perception of social justice and religion avoidance of students in medical sciences universities." Journal of Pizhūhish dar dīn va salāmat 2021;6(4):71-87.
- 5. Ahmed Alim Al Ayub, Apoorva Ganapathy. "Creation of automated content with embedded artificial intelligence: A study on learning management system for educational entrepreneurship." Academy of Entrepreneurship Journal. 2021;27(3):1-10.
- 6. Muhid Abdul Amalia, Eka Rizki, Hilaliyah Hilda, Budiana Nia at Wajdi, Muj Barid Nizarudin "The effect of metacognitive strategies implementation on students' reading comprehension achievement." International Journal of Instruction. 2020;13(2):847-862.
- 7. Hebbecker Karin, Natalie Förster, Elmar Souvignier. "Reciprocal effects between reading achievement and intrinsic and extrinsic reading motivation." Scientific Studies of Reading. 2019;23(5):419.
- 8. Miyamoto AI, Maximilian Pfost, Cordula Artelt. "The relationship between intrinsic motivation and reading comprehension: Mediating effects of reading amount and metacognitive knowledge of strategy use." Scientific Studies of Reading. 2019;23(6):445.
- 9. Parsons Seth A, et al. "Sixth-grade students' engagement in academic tasks." The Journal of Educational Research. 2018;111(2):232-245.
- Peng Peng, et al. "A meta-analysis on the relation between fluid intelligence and reading/mathematics: Effects of tasks, age, and social economics status." Psychological Bulletin. 2019;145(2):189.

- 11. Zulfikar Teuku, Syarifa Dahliana, Riska Amelia Sari. "An exploration of english students' attitude towards english learning." English Language Teaching Educational Journal. 2019;2(1):1-12.
- 12. Hodges Amy, et al. "Evaluating the psychometric quality of school connectedness measures: A systematic review." PloS One. 2018;13(9):e0203373.
- 13. Davud Bavafa, Arzieh Dehghani M, Mohammad Javdipour, Mohammad "Entrepreneurial Kazemi Reza. competencies in the curriculum educational sciences: Α researchsynthesis". Journal of Higher Education Curriculum Studies. 10(20):187-206.
- 14. Ali Abadi K, Ma'dandar S, Mohammad Kazemi Reza, Abbaspour A, Minavand M. The impact of entrepreneurship television programs on entrepreneurial intentions: The mediating role of family support. QJFR. 2019;16(3):29-52. (In Persian).
- 15. Spinath Birgit, Ricarda Steinmayr. "The roles of competence beliefs and goal orientations for change in intrinsic motivation." Journal of Educational Psychology. 2022;104(4):1135.
- Pierce W. David, et al. "Positive effects of rewards and performance standards on intrinsic motivation." The Psychological Record. 2003;53(4):561-578.
- 17. Covington Martin V. "The self-worth theory of achievement motivation: Findings and implications." The Elementary School Journal. 1984;85(1):5-8.
- 18. Ullman JB, Bentler PM. Path diagrams and terminology advantages of structural equation modeling 609. John A. Schinka: 607.
- Crossman KA, Hardesty JL. Placing coercive control at the center: What is the processes of coercive control and what makes control coercive? Psychology of Violence. 2018;8(2):196-206.
- 20. Collier JE. Applied structural equation modeling using AMOS: Basic to advanced techniques. Routledge. 2020:1-36.
- 21. Frankel Jack, Wallen Norman Hyun Helen." How to design and evaluate research in education (8th edition). New York, NY: McGraw Hill Companies, Inc; 95.
- 22. Božinović Nikolina, Joško Sindik. "Construction of the questionnaire on foreign language learning strategies in specific Croatian context." Collegium Antropologicum 2017;41(1):64-67.

- 23. Hart Shelley R, Kaitlyn Stewart, Shane R. Jimerson. "The Student Engagement in Schools Questionnaire (SESQ) and the Teacher Engagement Report Form-New (TERF-N): Examining the preliminary evidence." Contemporary School Psychology: Formerly" The California School Psychologist." 2011;15(1):73.
- 24. Şeker Hasan. "Developing a questionnaire on attitude towards school." Learning Environments Research. 2011;14(3):258-259.
- Wigfield Allan, Guthrie John, McGough Karen. "A questionnaire measure of children's motivations for reading. Instructional Resource No. 22." 1996:4-5.
- 26. Napil, Melissa C, Ariel E. San Jose. "Beliefs and strategies in Filipino language learning and academic performance of indigenous students." International Journal of Educational Policy Research and Review: 2020.
- 27. Najm, Asaad Qahtan, Nadia Hamzah Kareem. "'Using memory strategies to enhance EFL grammar to 1st university level'." Multicultural Education 2021;7(3).
- 28. Ayuning Tyas, Anggit, Endang Fauziati M. Cognitive strategies used to improve reading skill by english good achievers: A case study. In Tenth Grade at SMK Batik 2 Surakarta in 2019/2020 Academic Year. Diss. Universitas Muhammadiyah Surakarta; 2020.
- 29. Chòez Triana, Keila Gisselly. Plan de negocio para la producción y comercialización de helados a base de fruta exótica (arazá) año 2021. BS thesis. Universidad de Guayaquil; 2021.
- 30. Delfino, Armando P. "Student engagement and academic performance of students of Partido State University." Asian Journal of University Education. 2019;15(1):11.
- 31. Bond Melissa, et al. "Mapping research in student engagement and educational technology in higher education: A systematic evidence map." International Journal of Educational Technology in Higher Education. 2020;17(1):1-30.
- 32. Winstone Naomi, et al. "Who stands to benefit? Wellbeing, belonging and challenges to equity in engagement in

- extra-curricular activities at university." Active Learning in Higher Education. 2022; 23(2):81-96.
- 33. Von Soest, Tilmann, Maike Luhmann, Denis Gerstorf. "The development of loneliness through adolescence and young adulthood: Its nature, correlates, and midlife outcomes." Developmental Psychology. 2020;56(10):1919.
- 34. Holmes Emily A, et al. "Multidisciplinary research priorities for the COVID-19 pandemic: A call for action for mental health science." The Lancet Psychiatry. 2020;7(6):547-560.
- 35. Lim MH, Holt-Lunstad J, Badcock JC. "Loneliness: Contemporary insights into causes, correlates, and consequences." 2020:789-791.
- Unal Fulya Topcuoglu, Serpil Uyar. 36. "The impact of the" I compete by reading" activity on the reading success and attitudes of middle school students." Journal of Language and Linguistic Studies. 2020;16(3):1309-1316.
- 37. Ojo Adeniyi Adewale. "The impact of procrastination on students' academic performance in secondary schools." International Journal of Sociology and Anthropology Research. 2019;5(1):17-22
- 38. Zhang Xiufeng, Lu Guo. "Cognitive and metacognitive reading strategies training in EFL reading." International Conference on Education, Economics and Information Management (ICEEIM 2019). Atlantis Press; 2020.
- 39. Alvarado S. Elysha, Cerenio Adriatico. "Reading motivation vis-s-vis academic performance." Open Journal of Social Sciences. 2019;7(06):103-104.
- 40. Nilson Linda B. "One thing for all learners." To Improve the Academy. 2018;37(1):77-87.
- 41. Wang, Judy Huei-yu, John T. Guthrie. "Modeling the effects of intrinsic motivation, extrinsic motivation, amount of reading, and past reading achievement on text comprehension between US and Chinese students." Reading Research Quarterly. 2019;39(2):162.

© 2023 Barotas and Palma; This is an Open Access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/4.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Peer-review history:
The peer review history for this paper can be accessed here:
https://www.sdiarticle5.com/review-history/95164